

SELF-SURVEY TO DETERMINE IF YOU ARE READY TO USE MEDIATION

The willingness to participate in a cooperative dispute resolution process does not come easily when a business, personal or financial relationship ends. Often, the idea of cooperating with the person(s) who causes us pain is unthinkable. However, it is possible to create an acceptable resolution of the dispute.

This survey is designed to test your motivation and readiness to mediate. Please be honest with yourself when completing it. Circle the number choice, between 1 and 5, that 0, you may want to consider other alternatives to mediation. But if your final score is 15 or less, you are most likely ready to mediate.

	<u>Ready</u>			<u>Not Ready</u>	
	1	2	3	4	5
1. Do I want to resolve the issues equitably?					
2. Can I put aside my anger and deal with the issues in a rational manner?					
3. Am I willing to make compromises?					
4. Do I value the importance of the relationship with the other party?					
5. Can I share control and authority regarding the outcome?					
6. Can I accept the differences in the culture and negotiating styles?					
7. Can I stick to the issues at stake?					
8. Can I distinguish the important facts from the unimportant?					
9. Am I willing to openly communicate to share information?					
10. Can I remain unemotional enough to share my frustrations and disappointments?					

Visit www.solvegroup.com to learn more about mediation or schedule a session.